

January Snack Menu 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Year Center Closed	2 Am: Cereal & milk Pm: Oyster crackers & juice	3 Am: Pancakes & milk Pm: Granola bars & juice	4 Am: Graham crackers & milk Pm: Pretzels & juice	5
6	7 Am: Cereal bars & milk Pm: Cheese crackers & juice	8 Am: Oatmeal & milk Pm: Yogurt & Juice	9 Am: Fig bars & milk Pm: Chex mix & juice	10 Am: Cinnamon toast & milk Pm: Applesauce & juice	11 Am: Muffins & milk Pm: Pudding & juice	12
13	14 Am: Animal crackers & milk Pm: String cheese & crackers & juice	15 Am: Bagels & milk Pm: Rice crispy treat & juice	16 Am: Cereal & milk Pm: Pretzels & juice	17 Am: Graham crackers & milk Pm: Granola bars & juice	18 Am: French toast & milk Pm: Oyster crackers & juice	19
20	21 Am: Fig bars & milk Pm: Mixed fruit & juice	22 Am: English muffins & milk Pm: Cheese crackers & juice	23 Am: Cinnamon toast & milk Pm: Pudding & juice	24 Am: Muffins & milk Pm: Chex mix & juice	25 Am: Oatmeal & milk Pm: Yogurt & juice	26
27	28 Am: Graham crackers & milk Pm: Granola bars & juice	29 Am: Cereal & milk Pm: Pretzels & juice	30 Am: Muffins & milk Pm: Rice crispy treat & juice	31 Am: Animal crackers & milk Pm: Oyster crackers & juice	All snacks are served with milk or 100% juice	

--	--	--	--	--	--	--